



Life Skills- Proper Hygiene				
Organization	Service Description	Address	Phone Number	Website
Ambitious About Autism	Article providing information related to hygiene and things to consider when its regarding an individual with autism	Woodside Avenue, Londo, N10 3 JA	020 8815 5444	https://www.ambitiousaboutautism.org.uk/understanding-autism/health/hygiene
Autism Speaks	Teen with Autism Needs Help with Hygiene & Appropriate Behavior	locations vary	1-888-288-4762	https://www.autismspeaks.org/expert-opinion/teen-autism-needs-help-hygiene-appropriate-behavior
Car Autism RoadMap	Teaching Your Child Hygiene and Grooming Skills	3401 Civic Center Blvd, Philadelphia, PA 19104	1-866-570-6524	https://www.carautismroadmap.org/teaching-your-child-hygiene-and-grooming-skills/
Chance Light Autism Services	Teaching and Maintaining Daily Hygiene Routines	1321 Murfreeboro Road, Ste 702, Nashville, TN 37211	615-361-4000	https://autismservices.chancelight.com/blog/teaching-maintaining-daily-hygiene-routines/
My Aspergers Child	Article titled ' Aspergers and Poor Personal Hygiene'	n/a	n/a	http://www.myaspergerschild.com/2011/01/aspergers-and-poor-personal-hygiene.html
Raisingchildren.net.au	Like all children, children with autism spectrum disorder (ASD) need to take extra care with personal hygiene when they reach puberty. Here are some ideas to make hygiene easier for them to manage.	n/a	n/a	https://raisingchildren.net.au/autism/health-daily-care/daily-care/personal-hygiene-teens-with-asd

Vanderbilt Kennedy Center	Download A Parents Guide on Puberty for Boys or Girls w/ Disabilities	110 Magnolia Circle, Nashville, TN 37203	615-322-8240	https://vkc.vumc.org/healthybodies/
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